MUNSTER
FIRE & SAFETY
PROTECTING PEOPLE AND PROPERTY

Workplace Health and Safety

IIRSM & CPD Approved

This course covers general health and safety issues that apply to a wide range of types of businesses and sectors, from office and retail environments to workshops and factories. The wide range of topics covered makes this a great course to act as an introduction to health and safety in the workplace that can then be built on with more detailed courses that cover specific hazards that employees might come into contact with in specific workplaces. This makes it a useful part of the induction process.

By the end of this course the candidate will have an understanding of health and safety legislation and definitions of common terms associated with health and safety. This is followed up with some statistics outlining the most common causes of accidents in the workplace.

They will also understand good practice in relation to electricity, display screen equipment and the use of safe manual handling techniques. The course also introduces best practice associated with the control of substances hazardous to health regulations, the importance of using appropriate PPE as instructed and the most common procedures to follow in the event of a fire.

The course contains specific case studies that outline the seriousness of health and safety in the workplace and potential consequences if there is a health and safety breach. Along with all this it introduces the concept of risk assessment and concludes with the actions that should be taken in the event of an emergency situation occurring.

Learning Objectives

By the end of this course, you will be able to:

- Understand Health and Safety within the work environment.
- Recognise the key legislation and guidance associated with health and safety in the workplace.
- Understand the concept of Corporate Manslaughter.
- Identify the common causes of accidents within the workplace and understand both employer and employee responsibilities.
- Remember that Health and Safety encompasses numerous areas such as Fire and Electrical Safety, DSE, and Manual Handling.
- Understanding emergencies and their effect on the workplace.

Call us on 029 71288 to arrange your access log in for this course.

Munster Fire & Safety, Main Street, Millstreet, Co. Cork
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Target Audience

The course has a very wide audience as it applies to a wide range of sectors and can be included as part of the induction process in most businesses, especially when combined with other more specific health and safety courses that apply to the candidates role.

Advantages

As this course covers a wide range of health and safety situations the course provides a strong basis to further build on with more training.

IIRSM approval means that this course meets the rigorous standards of this leading industry body.
Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

Other health and Safety courses that cover specific aspects of the candidates role for example if they work a lot with computers then the DSE Awareness course would be useful to them. If they are going to be handling chemicals then the more detailed COSHH course would cover this more thoroughly, and if they are going to be working alone at any point then the Introduction to Personal Safety for Lone Workers course would be a great next step.

Course	Module Number	Module Name	Pass % Required
Workplace Health and Safety	1	What Is Health and Safety?	70
Workplace Health and Safety	2	Case Studies	70
Workplace Health and Safety	3	Corporate Manslaughter	70
Workplace Health and Safety	4	Accidents	70
Workplace Health and Safety	5	Fire, Electricity, DSE and Manual Handling	70
Workplace Health and Safety	6	Emergencies, CoSHH, PPE and Stress	70

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Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).

Cost: €35.00

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